

Stay connected



LGBTIQ+ specific resources for staying connected and active State-wide / Online

| What | Who | How | When |
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| Working It Out – Pop-In Group -Online | LGBTIQ+ folk from all around Tasmania. General chats and socialising online. | Contact Working It Out for the Zoom link: info@workingitout.org.au 6231 1200 | Every 3rd Friday, 10:00 – 11:00am |
| Working It Out – Gender Group-Online | Discussion for trans and gender diverse (and questioning) folk (18+) | Contact Working It Out for the Zoom link: info@workingitout.org.au 6231 1200 | 3 rd Tuesday of the month, 5:30-7pm |

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| Women’s Health Tasmania Gentle exercise and mindfulness classes. | Usually, Women’s Health Tasmania is focused on women however their streamed online classes are available to all. Classes are streamed through the WHT Facebook group page here . | Previous classes are still available to watch through Facebook too | Classes are streamed through the WHT Facebook group page here . |
| Working It Out-Support Group for Partners of Trans & Gender Diverse Folk | The experience of learning your partner is trans or gender diverse can be difficult for some. This group is aimed at supporting and connecting partners of trans and gender diverse folks in a safe space. | Please get in touch with WIO via Messenger or call 6231 1200 or email info@workingitout.org.au for the Zoom link or for more information. | 1st Wednesday of the month, every 2 months 5:30-6:30pm. |
| Working It Out-Support Group for Parents & Carers of LGBTIQ+ Children | Do you have questions about your child’s gender, sexuality or intersex status? Would you like to meet other parents of LGBTIQ children? | Email info@workingitout.org.au for more information, or to get the Zoom link. | 3 rd Monday of the month 5:30pm-6:30pm |

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| | Hosted by one of our LGBTIQ+ Support Workers, you can join this monthly group online to support, learn and grow together. | | |
| Working It Out-Carers Support | Are you LGBTIQ and caring for a friend or family member? WIO has started a peer group to help find others and find sup | Email info@workingitout.org.au for more information, or call us on 03 6231 1200 to get the Zoom link. | 2 nd Tuesday of the month 5:30pm-6:30pm, online |
| Working it Out Together | Volunteer buddy program for anyone over 18. | For more details (link to WIOT page) or contact Ceilidh at WIOT@workingitout.org.au or call 03 6231 1200. | This program is continuous and ongoing |
| Better Lives Intersex Support Group | Support Group offering community and support for people who are Intersex or have innate variations of sex characteristics | RSVP via online form here or contact WIO on info@workingitout.org.au or phone 03 62311200 | 2 nd Wed of every month both online and in person at 278 Argyle Street Nth Hobart |

South

| What | Who | How | When |
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| Wellington Wanderers | LGBTIQ+ folk, mostly from southern Tasmania. LGBTIQ+ people who enjoy the outdoors and other group activities may find things in common with this group. | Join the email contact list to receive event schedules. Contact: wellingtonwanderers@yahoo.com.au | Usually Sundays, at least twice each month, and sometimes other days also. |
| Working It Out – Pop-In Fridays- in person -Hobart | LGBTIQ+ folk from all around Tasmania. General chats and socialising. Free cuppa | Contact Working It Out for more info. Drop in Address is 278 Argyle Street Nth Hobart 7000 info@workingitout.org.au 6231 1200 | First Friday of the month , 10:00 – 11:00am |
| Working It Out-OUTspace – In Person -Hobart | LGBTIQ+ (and questioning) young people aged 14-25 | Outspace sign up form here https://tinyurl.com/OUTspacesignup | 2nd Monday of every month, 4-5:30pm |

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| | | Further information Contact Working It Out 6231 1200 or info@workingitout.org.au Meetings Held at 1 Market Place, Hobart | |
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| Working It Out – Gender Group- In Person | Face to Face gender groups are back! 5.30 for 6pm start, finishing by 7pm at WIO Office 278 Argyle St, Nth Hobart 7000 | Contact Working It Out to RSVP, or request Zoom link at info@workingitout.org.au or Yalei@workingitout.org.au or call 6231 1200 *Your RSVP MUST be received and responded to before you can attend.* | 1 st Tuesday of the month, 5:30-7pm |
| Working It Out – Gender Group- Online | A state-wide Gender Group now held online via Zoom This group offers gender identity peer support and discussion for anyone wanting to connect with others who are trans and gender diverse, or questioning their gender identity. | Contact Working It Out to RSVP, or request Zoom link at info@workingitout.org.au or Yalei@workingitout.org.au or call 6231 1200 *Your RSVP MUST be received and responded to before you can attend.* | 3 rd Tuesday of the Month 5:30-7pm |
| Friendz LGBTIQA+ Social Group | Mainly older folk from Southern Tas. but anyone 18+ is welcome. | Contact hobartfriendz@gmail.com for event details or to be added to their contact list. | Monday - Walk Tuesday - Morning Tea Hobart Weekly Wednesday - Morning Tea Huonville Weekly Wednesday - Evening Counter Meal 1st Weds Monthly Wednesday - Quiz night 2nd & 4th Weds Monthly Sunday - Lunch normally last Sun. Monthly |
| A Twist of Lemons | A safe place for queer women and allied people. All ages, but the venue is licenced. | Contact details available here: | The last Friday of the month. |

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| | | https://m.facebook.com/ATwistOfLemons/ | |
| LIMBO Party | Queers who love to dance! | Follow events via Facebook: https://www.facebook.com/limbopartytas More information: hello@limboparty.com.au | Get in touch for the next event. |
| Queer Sporting Alliance (QSA) | Basketball! And social roller skating. Plus now Ultimate Frisbee! Now Happening in Launceston too | email info@queersportingalliance.com or check Queer Sporting Alliance Facebook | Weekly Basketball training and weekend matches |
| QT CABARET | A night of Cabaret and performance produced by local Queer and Transgender People | https://www.facebook.com/QTcutiecabaret | Every couple of months |
| The Soup Collective | A group for lesbians Aged 50-90 interested in participatory art or just art | victoria.aka.violet@gmail.com | Meeting once a month to be confirmed |
| Transgender Tasmania | Tasmanian Facebook group | https://www.facebook.com/TransgenderTasmania/ | Check online for more details |
| Drinks and Dinner at the Maypole | A night of drinks for Lesbians 50 and over. Come for a drink or stay for dinner it's up to you | Contact Victoria at Victoria.aka.violet@gmail.com | Third Wednesday of the Month 5:30pm |
| LockerRoom Hobart – SUNGAY ARVOS social event | ForGBTQI and curious men, wishing to expand their social circles. Allies welcome. | Follow on Facebook or Instagram @lockerroomhobart | First Sunday of the month, 4-9pm |
| Out Together | Out Together is a peer support group for LGBTIQ+ folk from a diverse background and aims to foster a safe space where group members can meet others, access support and other activities. | Anyone interested in coming along can email The Link for the FB group is : www.facebook.com/groups/out.together Contact Quan Nguyen via nguyenquan296@gmail.com for further info | Meets on the last Saturday of each month at WIO from 5-7pm |
| Rainbow Families | A playgroup / social group for LGBTQ and ally parents and our kids | Write to info@taspride.com for details Hobart Rainbow | Roughly every 3 rd Sunday or Saturday of the month. Check here for listing |

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| | | Families proudly supported by TasPride | https://www.workingitout.org.au/events/ |
| Far South Pride | Far South Pride is an LGBTQIA+ community group based on Lyluequonny, Mellukurdee, Mouhenener and Nueonne countries in Southern Tasmania. We are aiming to improve visibility and build connections in the far south while supporting and celebrating our LGBTQIA+ community members, inclusive of their friends, families and allies | Facebook group link is here https://www.facebook.com/groups/435985418220873/ | TBC |
| Huonville Rainbow Fruits | A new Facebook Social group offering support and community in the Huonville area | Contacts: Social Media: Huon Valley Rainbow Fruits Page Email: huonrainbowfruits@gmail.com | Check online Facebook page for updates on events |
| ACVVS: Aged Care Volunteer Visitors Scheme | Volunteer visitors for socially isolated LGBTI elders receiving aged care residential or home care packages | Contact Worthy at Worthy@workingitout.org.au or call 6231 1200 | This program is continuous and ongoing. It is based in the South for now but will be going state-wide in the future |
| Rainbow Carers LGBTQIA+ Carers Social Group | A safe space for individuals in the LGBTQIA+ community who are undertaking a caring role to meet, to step out of your caring role for an hour and socialise, in an inclusive, non-judgmental, non-stressful space. Please join us for a free coffee, and a chat or a game of cards/backgammon, we would love to see you! | Contact: Kathryn Healy Kath13531@gmail.com | When: First Thursday of the month, 10.00am – 11.30 am Where: State Cinema Coffee Shop, Elizabeth Street, North Hobart |

North/North West/North East

| What | Who | How | When |
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| Connect4Life Tasmania - Events including lunches and the annual Pride in the Park | North West /North Tasmanians LGBTIQ+ community members, friends, family and allies | Follow them on Facebook: https://www.facebook.com/NW LGBTI/ | Check the Facebook page. |
| Pride Coffee-Burnie | Pride Coffee is a new monthly catch-up for the LGBTIQ+ community, friends and allies. | Held at Cafe Europa in Burnie Please RSVP to garry@workingitout.org.au so we can ensure enough space for us! Hope to see you there | on the last Friday of every month at 10:30am. |
| Pride Coffee-West Ulverstone | Pride Coffee is a new monthly catch-up for the LGBTIQ+ community, friends and allies. | Held at Hey Buddy in West Ulverstone Please RSVP to garry@workingitout.org.au so we can ensure enough space for us! Hope to see you there | On the 3rd Thursday of every month at 10:30am. |
| Pride Coffee-Devonport | Pride Coffee is a new monthly catch-up for the LGBTIQ+ community, friends and allies. | Held at The Laneway in Devonport Please RSVP to garry@workingitout.org.au so we can ensure enough space for us! Hope to see you there! | On the 2nd Thursday of every month at 10:30am |
| Working It Out-OUTspace – In Person -Burnie (ages 13-17) | LGBTIQ+ (and questioning) young people aged 13-17 | Further information contact Garry at garry@workingitout.org.au or 0455 031 262. Meetings held at the YFCC, 129 Wilson St, Burnie | 2nd Friday of every month, 4-5:30pm |
| Working It Out-OUTspace – In Person -Burnie (ages 18-24) | LGBTIQ+ (and questioning) young people aged 18-24 | Further information contact Garry at garry@workingitout.org.au or 0455 031 262. Meetings held at the YFCC, 129 Wilson St, Burnie | 2nd Friday of every month, 5:45pm to 7pm |
| Working It Out-OUTspace – In Person - Devonport (ages 13-17) | LGBTIQ+ (and questioning) young people aged 13-17 | For further information contact Garry on garry@workingitout.org.au or 0455 031 262. Meeting at The Junction, YFCC 62 Stewart Street, Devonport | 3 rd Thursday of every month, 4-5:30pm |
| Working It Out-OUTspace – In | LGBTIQ+ (and questioning) young people aged 18--24 | For further information contact Garry on | 3 rd Thursday |

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| Person - Devonport (ages 18-24) | | garry@workingitout.org.au or 0455 031 262. Meeting at The Junction, YFCC 62 Stewart Street, Devonport | of every month, 5:45pm-7pm |
| North West Pride | A group for LGBTIAQ+ people & their families and allies from the North West coast of Tasmania. Regular events and activities. | Follow them on Facebook: https://www.facebook.com/NorthWestPride/ or email nwpride@outlook.com | Check the Facebook page. |
| Map of Tassie | The group is open to all women regardless of sexual and/or gender identity. A supportive, safe and diverse LGBTIQ+ environment to enjoy outdoor adventures. | Contact jasminmartin3@protonmail.com to join an email list, or follow on Facebook: https://www.facebook.com/groups/mapoftassie | Check with group page online for events. |
| Bears By the Bay Gay men's events: road trips, dinners, drinks, BBQs and other social activities. | Gay men on the NW Coast - for all sub genres of gay men - don't let the title deceive you, it's inclusive. | https://www.facebook.com/bearsbythebay/ Contact: adrian.hingston@gmail.com M: 0417 348 532 | Check online for more info |
| Diversity Launceston | LGBTIQ+ folk in the North | https://www.facebook.com/Diversity-Launceston-767248090057624/ Contact: diversity.launceston@gmail.com | Check online for more details |

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| Ros's Table | A group of gorgeous, bodacious and sometimes bawdy women who meet monthly to talk, to laugh, to celebrate ... oh, and we are gay. | https://www.facebook.com/groups/197970830536192 | Monthly. See Facebook for details. |
| North East Pride | A social group for North East Tasmania's LGBTIQIA+ community. | Contact Gary Wood at northeasttaspride@gmail.com or Facebook Group https://www.facebook.com/profile.php?id=100094319676630 | Ongoing Pride Coffee events. Check facebook for more info |

National / International / Online

| What | Who | How | When |
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| Digital Dance Club – All the Queens Men | All people, of all ages! The dance is considered a safe and inclusive space for LGBTIQ+ older people. | Digital Dance Club works through Zoom. Go to this website to access more information: https://allthequeensmen.net/projects/digital-dance-club/ | Check the website for the next event. |
| Transdemic | Trans Experience of the global pandemic – Australian Podcast | https://www.transdemic.com/ | |
| Intersex Peer Support Australia | Support organisation for people with variations of sex characteristics | Go to https://isupport.org.au or email info@isupport.org.au to join their support network. | Anytime |
| ILGA World #inthistogether | Anyone - Online campaign to spread positive messages for our communities | https://ilga.org/covid19 | Anytime |
| IndigiLez Womens Leadership & Support Group | LGBTIQ Aboriginal and Torres Strait Islander people | https://www.facebook.com/IndigiLez/ | Anytime |
| This Girl Can Home Bollywood lesson | Anyone | https://youtu.be/XsDdvynDq0 | Anytime |

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| Find your 30 (minutes) online challenge! | Anyone | https://www.sportaus.gov.au/findyour30/challenge | Anytime |
| Twenty10 | Grumble Boogie – live dance sessions | Tune in to @bettygrumble live on Instagram | 10am Wednesdays |
| Australian & New Zealand Tongzhi Rainbow Alliance | Support for Mandarin and Cantonese speaking LGBTQA+ people in Australia | https://www.antra.org.au/ https://www.facebook.com/antra.org.au https://www.weibo.com/u/6866260391?is_all=1 | Check online for more details |

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| 澳纽华语同志 彩虹联盟 | | | |
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Other support

Signpost

A list of LGBTIQ+ inclusive services, organisations and businesses in Tasmania

<https://signpost.org.au/>

Rainbow Connection (Aged Care Volunteer Visitors Scheme)

The ACVVS is an initiative that sees local volunteers spending time with older LGBTIQ+ people in the community. If this sounds like something you would be keen and available for, or if you or someone you know could benefit from it, then please email the ACVVS coordinator,

Worthy at Worthy@workingitout.org.au or ph 6231 1200

Gather My Crew

Get together a mutual support crew in your neighbourhood/friends group

<https://gathermycrew.org.au/get-involved/how-to-start-a-street-crew/>

FindHelpTas

<https://www.findhelptas.org.au/>
