

# Stay connected



## LGBTIQ+ specific resources for staying connected and active

### State-wide / Online

What	Who	How	When
Working It Out – Pop-In Group -Online	LGBTIQ+ folk from all around Tasmania. General chats and socialising online.	Contact Working It Out for the Zoom link: <a href="mailto:info@workingitout.org.au">info@workingitout.org.au</a> 6231 1200	Every 3rd Friday, 10:00 – 11:00am
Working It Out – Gender Group-Online	Discussion for trans and gender diverse (and questioning) folk (18+)	Contact Working It Out for the Zoom link: <a href="mailto:info@workingitout.org.au">info@workingitout.org.au</a> 6231 1200	3 <sup>rd</sup> Tuesday of the month, 5:30-7pm

Women's Health Tasmania Gentle exercise and mindfulness classes.	Usually, Women's Health Tasmania is focused on women however their streamed online classes are available to all. Classes are streamed through the WHT Facebook group page <a href="#">here</a> .	Previous classes are still available to watch through Facebook too	Classes are streamed through the WHT Facebook group page <a href="#">here</a> .
Working It Out- Support Group for Partners of Trans & Gender Diverse Folk	The experience of learning your partner is trans or gender diverse can be difficult for some.  This group is aimed at supporting and connecting partners of trans and gender diverse folks in a safe space.	Please get in touch with WIO via Messenger or call 6231 1200 or email <a href="mailto:info@workingitout.org.au">info@workingitout.org.au</a> for the Zoom link or for more information.	1st Wednesday of the month, every 2 months 5:30-6:30pm.
Working It Out- Support Group for Parents & Carers of LGBTIQ+ Children	Do you have questions about your child's gender, sexuality or intersex status?  Would you like to meet other parents of LGBTIQ children?	Email <a href="mailto:info@workingitout.org.au">info@workingitout.org.au</a> for more information, or to get the Zoom link.	3 <sup>rd</sup> Monday of the month 5:30pm-6:30pm

	Hosted by one of our LGBTIQ+ Support Workers, you can join this monthly group online to support, learn and grow together.		
Working It Out- Carers Support	Are you LGBTIQ and caring for a friend or family member? WIO has started a peer group to help find others and find sup	Email <a href="mailto:info@workingitout.org.au">info@workingitout.org.au</a> for more information, or call us on 03 6231 1200 to get the Zoom link.	2 <sup>nd</sup> Tuesday of the month 5:30pm-6:30pm, online
Working it Out Together	Volunteer buddy program for anyone over 18.	For more details (link to WIOT page) or contact Ceilidh at <a href="mailto:WIOT@workingitout.org.au">WIOT@workingitout.org.au</a> or call 03 6231 1200.	This program is continuous and ongoing
Better Lives Intersex Support Group	Support Group offering community and support for people who are Intersex or have innate variations of sex characteristics	RSVP via online form <a href="#">here</a> or contact WIO on <a href="mailto:info@workingitout.org.au">info@workingitout.org.au</a> or phone 03 62311200	2 <sup>nd</sup> Wed of every month both online and in person at 278 Argyle Street Nth Hobart

## South

What	Who	How	When
Wellington Wanderers	LGBTIQ+ folk, mostly from southern Tasmania.  LGBTIQ+ people who enjoy the outdoors and other group activities may find things in common with this group.	Join the email contact list to receive event schedules. Contact: <a href="mailto:wellingtonwanderers@yahoo.com.au">wellingtonwanderers@yahoo.com.au</a>	Usually Sundays, at least twice each month, and sometimes other days also.
Working It Out – Pop-In Fridays- in person -Hobart	LGBTIQ+ folk from all around Tasmania. General chats and socialising. Free cuppa	Contact Working It Out for more info. Drop in Address is 278 Argyle Street Nth Hobart 7000 <a href="mailto:info@workingitout.org.au">info@workingitout.org.au</a> 6231 1200	First Friday of the month , 10:00 – 11:00am
Working It Out- OUTspace – In Person -Hobart	LGBTIQ+ (and questioning) young people aged 14-25	Outspace sign up form here <a href="https://tinyurl.com/OUTspacesignup">https://tinyurl.com/OUTspacesignup</a>	2nd Monday of every month, 4-5:30pm

		Further information Contact Working It Out 6231 1200 or info@workingitout.org.au Meetings Held at 1 Market Place, Hobart	
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Working It Out – Gender Group- In Person	Face to Face gender groups are back! 5.30 for 6pm start, finishing by 7pm at WIO Office 278 Argyle St, Nth Hobart 7000	Contact Working It Out to RSVP, or request Zoom link at info@ <a href="mailto:info@workingitout.org.au">workingitout.org.au</a> or <a href="mailto:Yalei@workingitout.org.au">Yalei@workingitout.org.au</a> or call 6231 1200 *Your RSVP MUST be received and responded to before you can attend.*	1 <sup>st</sup> Tuesday of the month, 5:30-7pm
Working It Out – Gender Group- Online	A state-wide Gender Group now held online via Zoom This group offers gender identity peer support and discussion for anyone wanting to connect with others who are trans and gender diverse, or questioning their gender identity.	Contact Working It Out to RSVP, or request Zoom link at info@ <a href="mailto:info@workingitout.org.au">workingitout.org.au</a> or <a href="mailto:Yalei@workingitout.org.au">Yalei@workingitout.org.au</a> or call 6231 1200 *Your RSVP MUST be received and responded to before you can attend.*	3 <sup>rd</sup> Tuesday of the Month 5:30-7pm
Friendz LGBTIQA+ Social Group	Mainly older folk from Southern Tas. but anyone 18+ is welcome.	Contact <a href="mailto:hobartfriendz@gmail.com">hobartfriendz@gmail.co m</a> for event details or to be added to their contact list.	Monday - Walk Tuesday - Morning Tea Hobart Weekly Wednesday - Morning Tea Huonville Weekly Wednesday - Evening Counter Meal 1st Weds Monthly Wednesday - Quiz night 2nd & 4th Weds Monthly Sunday - Lunch normally last Sun. Monthly
A Twist of Lemons	A safe place for queer women and allied people. All ages, but the venue is licenced.	Contact details available here:	The last Friday of the month.

		<a href="https://m.facebook.com/ATwistOfLemons/">https://m.facebook.com/ATwistOfLemons/</a>	
LIMBO Party	Queers who love to dance!	Follow events via Facebook: <a href="https://www.facebook.com/limbopartytas">https://www.facebook.com/limbopartytas</a>  More information: <a href="mailto:hello@limboparty.com.au">hello@limboparty.com.au</a>	Get in touch for the next event.
Queer Sporting Alliance (QSA)	Basketball! And social roller skating. Plus now Ultimate Frisbee! Now Happening in Launceston too	email <a href="mailto:info@queersportingalliance.com">info@queersportingalliance.com</a> or check <a href="#">Queer Sporting Alliance   Facebook</a>	Weekly Basketball training and weekend matches
QT CABARET	A night of Cabaret and performance produced by local Queer and Transgender People	<a href="https://www.facebook.com/QTcutiecabaret">https://www.facebook.com/QTcutiecabaret</a>	Every couple of months
The Soup Collective	A group for lesbians Aged 50-90 interested in participatory art or just art	victoria.aka.violet@gmail.com	Meeting once a month to be confirmed
Transgender Tasmania	Tasmanian Facebook group	<a href="https://www.facebook.com/TransgenderTasmania/">https://www.facebook.com/TransgenderTasmania/</a>	Check online for more details
Drinks and Dinner at the Maypole	A night of drinks for Lesbians 50 and over. Come for a drink or stay for dinner it's up to you	Contact Victoria at Victoria.aka.violet@gmail.com	Third Wednesday of the Month 5:30pm
LockerRoom Hobart – SUNGAY ARVOS social event	For LGBTQI and curious men, wishing to expand their social circles. Allies welcome.	Follow on Facebook or Instagram @lockerroomhobart	First Sunday of the month, 4-9pm
Out Together	Out Together is a peer support group for LGBTIQ+ folk from a diverse background and aims to foster a safe space where group members can meet others, access support and other activities.	Anyone interested in coming along can email The Link for the FB group is : <a href="https://www.facebook.com/groups/out.together">www.facebook.com/groups/out.together</a> Contact Quan Nguyen via <a href="mailto:nguyenquan296@gmail.com">nguyenquan296@gmail.com</a> for further info	Meets on the last Saturday of each month at WIO from 5-7pm
Rainbow Families	A playgroup / social group for LGBTQ and ally parents and our kids	Write to <a href="mailto:info@taspride.com">info@taspride.com</a> for details Hobart Rainbow	Roughly every 3 <sup>rd</sup> Sunday or Saturday of the month. Check here for listing

		Families proudly supported by TasPride	<a href="https://www.workingitout.org.au/events/">https://www.workingitout.org.au/events/</a>
Far South Pride	Far South Pride is an LGBTQIA+ community group based on Lyluequonny, Mellukurdee, Mouhenener and Nueonne countries in Southern Tasmania. We are aiming to improve visibility and build connections in the far south while supporting and celebrating our LGBTQIA+ community members, inclusive of their friends, families and allies	Facebook group link is here  <a href="https://www.facebook.com/groups/435985418220873/">https://www.facebook.com/groups/435985418220873/</a>	TBC
Huonville Rainbow Fruits	A new Facebook Social group offering support and community in the Huonville area	Contacts: Social Media: <a href="#">Huon Valley Rainbow Fruits Page</a> Email: <a href="mailto:huonrainbowfruits@gmail.com">huonrainbowfruits@gmail.com</a>	Check online <a href="#">Facebook page</a> for updates on events
ACVVS: Aged Care Volunteer Visitors Scheme	Volunteer visitors for socially isolated LGBTI elders receiving aged care residential or home care packages	Contact Worthy at <a href="mailto:Worthy@workingitout.org.au">Worthy@workingitout.org.au</a> or call 6231 1200	This program is continuous and ongoing. It is based in the South for now but will be going state-wide in the future
Rainbow Carers LGBTQIA+ Carers Social Group	A safe space for individuals in the LGBTQIA+ community who are undertaking a caring role to meet, to step out of your caring role for an hour and socialise, in an inclusive, non-judgmental, non-stressful space. Please join us for a free coffee, and a chat or a game of cards/backgammon, we would love to see you!	Contact: Kathryn Healy <a href="mailto:Kath13531@gmail.com">Kath13531@gmail.com</a>	When: First Thursday of the month, 10.00am – 11.30 am Where: State Cinema Coffee Shop, Elizabeth Street, North Hobart

## North/North West/North East

What	Who	How	When
Connect4Life Tasmania - Events including lunches and the annual Pride in the Park	North West /North Tasmanians LGBTIQ+ community members, friends, family and allies	Follow them on Facebook: <a href="https://www.facebook.com/NW_LGBTI/">https://www.facebook.com/NW_LGBTI/</a>	Check the Facebook page.
Pride Coffee-Burnie	Pride Coffee is a new monthly catch-up for the LGBTIQ+ community, friends and allies.	Held at Cafe Europa in Burnie Please RSVP to <a href="mailto:garry@workingitout.org.au">garry@workingitout.org.au</a> so we can ensure enough space for us! Hope to see you there	on the last Friday of every month at 10:30am.
Pride Coffee-West Ulverstone	Pride Coffee is a new monthly catch-up for the LGBTIQ+ community, friends and allies.	Held at Hey Buddy in West Ulverstone Please RSVP to <a href="mailto:garry@workingitout.org.au">garry@workingitout.org.au</a> so we can ensure enough space for us! Hope to see you there	On the 3rd Thursday of every month at 10:30am.
Pride Coffee-Devonport	Pride Coffee is a new monthly catch-up for the LGBTIQ+ community, friends and allies.	Held at The Laneway in Devonport Please RSVP to <a href="mailto:garry@workingitout.org.au">garry@workingitout.org.au</a> so we can ensure enough space for us! Hope to see you there!	On the 2nd Thursday of every month at 10:30am
Working It Out-OUTspace – In Person -Burnie (ages 13-17 )	LGBTIQ+ (and questioning) young people aged 13-17	Further information contact Garry at <a href="mailto:garry@workingitout.org.au">garry@workingitout.org.au</a> or 0455 031 262. Meetings held at the YFCC, 129 Wilson St, Burnie	2nd Friday of every month, 4-5:30pm
Working It Out-OUTspace – In Person -Burnie (ages 18-24 )	LGBTIQ+ (and questioning) young people aged 18-24	Further information contact Garry at <a href="mailto:garry@workingitout.org.au">garry@workingitout.org.au</a> or 0455 031 262. Meetings held at the YFCC, 129 Wilson St, Burnie	2nd Friday of every month, 5:45pm to 7pm
Working It Out-OUTspace – In Person -Devonport (ages 13-17 )	LGBTIQ+ (and questioning) young people aged 13-17	For further information contact Garry on <a href="mailto:garry@workingitout.org.au">garry@workingitout.org.au</a> or 0455 031 262. Meeting at The Junction, YFCC 62 Stewart Street, Devonport	3 <sup>rd</sup> Thursday of every month, 4-5:30pm
Working It Out-OUTspace – In	LGBTIQ+ (and questioning) young people aged 18--24	For further information contact Garry on	3 <sup>rd</sup> Thursday

Person - Devonport (ages 18-24 )		<a href="mailto:garry@workingitout.org.au">garry@workingitout.org.au</a> or 0455 031 262. Meeting at The Junction, YFCC 62 Stewart Street, Devonport	of every month, 5:45pm- 7pm
North West Pride	A group for LGBTIAQ+ people & their families and allies from the North West coast of Tasmania. Regular events and activities.	Follow them on Facebook: <a href="https://www.facebook.com/NorthWestPride/">https://www.facebook.com/NorthWestPride/</a> or email <a href="mailto:nwpride@outlook.com">nwpride@outlook.com</a>	Check the Facebook page.
Map of Tassie	The group is open to all women regardless of sexual and/or gender identity. A supportive, safe and diverse LGBTIQA+ environment to enjoy outdoor adventures.	Contact <a href="mailto:jasminmartin3@protonmail.com">jasminmartin3@protonmail.com</a> to join an email list, or follow on Facebook: <a href="https://www.facebook.com/groups/mapoftassie">https://www.facebook.com/groups/mapoftassie</a>	Check with group page online for events.
Bears By the Bay  Gay men's events: road trips, dinners, drinks, BBQs and other social activities.	Gay men on the NW Coast - for all sub genres of gay men - don't let the title deceive you, it's inclusive.	<a href="https://www.facebook.com/bearsbythebay/">https://www.facebook.com/bearsbythebay/</a>  Contact: <a href="mailto:adrian.hingston@gmail.com">adrian.hingston@gmail.com</a> M: 0417 348 532	Check online for more info
Diversity Launceston	LGBTIQ+ folk in the North	<a href="https://www.facebook.com/Diversity-Launceston-767248090057624/">https://www.facebook.com/Diversity-Launceston-767248090057624/</a>  Contact: <a href="mailto:diversity.launceston@gmail.com">diversity.launceston@gmail.com</a>	Check online for more details

Ros's Table	A group of gorgeous, bodacious and sometimes bawdy women who meet monthly to talk, to laugh, to celebrate ... oh, and we are gay.	<a href="https://www.facebook.com/groups/197970830536192">https://www.facebook.com/groups/197970830536192</a>	Monthly. See Facebook for details.
North East Pride	A social group for North East Tasmania's LGBTQIA+ community.	Contact Gary Wood at <a href="mailto:northeasttaspride@gmail.com">northeasttaspride@gmail.com</a> or Facebook Group <a href="https://www.facebook.com/profile.php?id=100094319676630">https://www.facebook.com/profile.php?id=100094319676630</a>	Ongoing Pride Coffee events. Check facebook for more info

## National / International / Online

What	Who	How	When
Digital Dance Club – All the Queens Men	All people, of all ages!  The dance is considered a safe and inclusive space for LGBTIQ+ older people.	Digital Dance Club works through Zoom.  Go to this website to access more information: <a href="https://allthequeensmen.net/projects/digital-dance-club/">https://allthequeensmen.net/projects/digital-dance-club/</a>	Check the website for the next event.
Transdemic	Trans Experience of the global pandemic – Australian Podcast	<a href="https://www.transdemic.com/">https://www.transdemic.com/</a>	
Intersex Peer Support Australia	Support organisation for people with variations of sex characteristics	Go to <a href="https://isupport.org.au">https://isupport.org.au</a> or email <a href="mailto:info@isupport.org.au">info@isupport.org.au</a> to join their support network.	Anytime
ILGA World #inthistogether	Anyone - Online campaign to spread positive messages for our communities	<a href="https://ilga.org/covid19">https://ilga.org/covid19</a>	Anytime
IndigiLez Womens Leadership & Support Group	LGBTIQ Aboriginal and Torres Strait Islander people	<a href="https://www.facebook.com/IndigiLez/">https://www.facebook.com/IndigiLez/</a>	Anytime
This Girl Can  Home Bollywood lesson	Anyone	<a href="https://youtu.be/XsDdvynDq0">https://youtu.be/XsDdvynDq0</a>	Anytime

Find your 30 (minutes) online challenge!	Anyone	<a href="https://www.sportaus.gov.au/findyour30/challenge">https://www.sportaus.gov.au/findyour30/challenge</a>	Anytime
Twenty10	Grumble Boogie – live dance sessions	Tune in to @bettygrumble live on Instagram	10am Wednesdays
Australian & New Zealand Tongzhi Rainbow Alliance	Support for Mandarin and Cantonese speaking LGBTQ+ people in Australia	<a href="https://www.antra.org.au/">https://www.antra.org.au/</a> <a href="https://www.facebook.com/antara.org.au">https://www.facebook.com/antara.org.au</a> <a href="https://www.weibo.com/u/6866260391?is_all=1">https://www.weibo.com/u/6866260391?is_all=1</a>	Check online for more details



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## Other support

### Signpost

A list of LGBTIQ+ inclusive services, organisations and businesses in Tasmania

<https://signpost.org.au/>

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### Rainbow Connection (Aged Care Volunteer Visitors Scheme)

The ACVVS is an initiative that sees local volunteers spending time with older LGBTIQ+ people in the community. If this sounds like something you would be keen and available for, or if you or someone you know could benefit from it, then please email the ACVVS coordinator,

Worthy at [Worthy@workingitout.org.au](mailto:Worthy@workingitout.org.au) or ph 6231 1200

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### Gather My Crew

Get together a mutual support crew in your neighbourhood/friends group

<https://gathermycrew.org.au/get-involved/how-to-start-a-street-crew/>

### FindHelpTas

<https://www.findhelptas.org.au/>

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