

Stay connected



working it out
together

LGBTIQ+ specific resources for staying connected and active during COVID-19

State wide / Online

What	Who	How	When
Working It Out – Pop-In Group	LGBTIQ+ folk from all around Tasmania. General chats and socialising online.	Contact Working It Out for the Zoom link: info@workingitout.org.au 6231 1200	Every 2 nd Friday, 9.30 – 10.30am
Working It Out – OUTspace	LGBTIQ+ (and questioning) young people aged 14-25	Contact Working It Out for the Zoom link: info@workingitout.org.au 6231 1200 This group will transition to alternating online and face to face in December 2020.	2 nd and 4 th Tuesdays of the month, 4-5pm
Working It Out – Gender Group	Discussion from for trans and gender diverse (and questioning) folk (18+)	Contact Working It Out for the Zoom link: info@workingitout.org.au 6231 1200	1 st and 3 rd Tuesday of the month, 6-7pm
Women’s Health Tasmania Gentle exercise and mindfulness classes.	Usually Women’s Health Tasmania is focused on women however their streamed online classes are available to all.	Classes are streamed through the WHT facebook page: https://www.facebook.com/Womens-Health-Tasmania-106238739430050/ Previous classes are still available to watch through Facebook too.	Monday 11am Tai Chi Tuesday 11am Mediation Wednesday 11am Yoga Thursday 11am Weights

South

What	Who	How	When
Wellington Wanderers	LGBTIQ+ folk, mostly from southern Tasmania. LGBTIQ+ people who enjoy the outdoors and other group activities may find things in common with this group.	Join the email contact list to receive event schedules. Contact: wellingtonwanderers@yahoo.com.au	Most Sundays and sometimes other days also.
Friendz LGBTIQ Social Group	All welcome but is mostly older LGBTIQ+ folk from southern Tasmania.	Contact hobartfriendz@gmail.com for event details or to be added to their contact list.	Morning tea every Tuesday plus other regular events.
Out for Drinks	All LGBTIQ+ folks 18+. Event is held in Hobart in a licenced venue. For general socialising.	Follow Out for Drinks on Facebook: https://www.facebook.com/OutForDrinks	The 2 nd Friday of the month, 5-8pm
A Twist of Lemons	A safe place for queer women and allied people. All ages, but the venue is licenced.	Contact details available here: https://signpost.org.au/a-twist-of-lemons/	The last Friday of the month.
LIMBO Party	Queers who love to chair-dance!	Follow events via Facebook: https://www.facebook.com/limbopartytas More information: hello@limboparty.com.au	Get in touch for the next event.
LockerRoom Hobart – SUNGAY ARVOS social event	For GBTQI and curious men, wishing to expand their social circles. Allies welcome.	Follow on Facebook or Instagram @lockerroomhobart	First Sunday of the month, 4-9pm

North/North West

What	Who	How	When
Connect4Life Tasmania - Events including lunches and the annual Pride in the Park	North West/North Tasmanians LGBTIQ+ community members, friends, family and allies	Follow them on Facebook: https://www.facebook.com/NWLGBTI/	Check the Facebook page.
North West Pride	A group for LGBTIQ+ people & their families and allies from the North West coast of Tasmania.	Follow them on Facebook: https://www.facebook.com/NorthWestPride/ or email nwpride@outlook.com	Check the Facebook page.

Map of Tassie	The group is open to all women regardless of sexual and/or gender identity. A supportive, safe and diverse LGBTIQ+ environment to enjoy outdoor adventures with.	Contact jasminmartin3@protonmail.com to join an email list, or follow on Facebook: https://www.facebook.com/groups/mapoftassie	Check with group for events.
Queer Drinks	LGBTIQ+ folks and friends - come along for a 'cocktail' with friendly, welcoming people.	Contact alisonjales@hotmail.co.uk for details.	First Friday of the month

National / International / Online

What	Who	How	When
Digital Dance Club – All the Queens Men	All people, of all ages! The dance is considered a safe and inclusive space for LGBTIQ+ older people.	Digital Dance Club works through Zoom. Go to this website to access more information: https://allthequeensmen.net/projects/digital-dance-club/	Check the website for the next event.
Transdemic	Trans Experience of the global pandemic – Australian Podcast	https://www.transdemic.com/	
Intersex Peer Support Australia	Support organisation for people with variations of sex characteristics	Go to https://isupport.org.au or email info@isupport.org.au to join their support network.	Anytime
ILGA World #inthistogether	Anyone - Online campaign to spread positive messages for our communities	https://ilga.org/covid19	Anytime
IndigiLez Womens Leadership & Support Group	LGBTIQ Aboriginal and Torres Strait Islander people Are running a COVID19 program for LGBTIQ Aboriginal and Torres Strait Islander peoples called Healthy Safe and Connected	https://www.facebook.com/IndigiLez/	Anytime
This Girl Can Home Bollywood lesson	Anyone	https://youtu.be/XsDdvdydnDq0	Anytime
Find your 30 (minutes) online challenge!	Anyone	https://www.sportaus.gov.au/findyour30/challenge	Anytime

Equality Australia	LGBTIQ+ folks across Australia A searchable database of services, community groups, and cultural activities for LGBTIQ Australians during the COVID-19 lockdown.	https://equalityaustralia.org.au/resources/coviddirectory/	anytime
Twenty10	Grumble Boogie – live dance sessions	Tune in to @bettygrumble live on Instagram	10am Wednesdays

Technology help

Tips for staying safe online during the COVID-19 pandemic

<https://www.esafety.gov.au/key-issues/covid-19>

Getting set up and using video calling

<https://beconnected.esafety.gov.au/topic-library/essentials/connecting-to-others>

Using Technology

<https://beconnected.esafety.gov.au/>

How to enhance your video chats:

<https://island.mooc.utas.edu.au/page/33/newsletter> (scroll down)

Other LGBTIQ+ community groups in Tasmania and beyond

These may not be meeting just at the moment, but you can add your name to their mailing list for when we are all out and about again together or to keep in touch with what's going on.

What	Who	How
TasPride Inc	LGBTIQ+ events including the annual TasPride Festival in February.	Website: www.taspride.com Facebook: https://www.facebook.com/TasPride Email: info@taspride.com
Bears By the Bay	Gay men on the NW Coast - for all sub	https://www.facebook.com/bearsbythebay/

Gay men's events: road trips, dinners, drinks, BBQs and other social activities.	genres of gay men - don't let the title deceive you its inclusive.	Contact: adrian.hingston@gmail.com M: 0417 348 532
Diversity Launceston	LGBTIQ+ folk in the North	https://www.facebook.com/Diversity-Launceston-767248090057624/ Contact: diversity.launceston@gmail.com
LGBTIQ Tasmanian Social Network	Tasmanian Facebook group	https://www.facebook.com/groups/686042348149212/
Transgender Tasmania	Tasmanian Facebook group	https://www.facebook.com/TransgenderTasmania/
Australian & New Zealand Tongzhi Rainbow Alliance 澳纽华语同志彩虹联盟	Support for Mandarin and Cantonese speaking LGBTQA+ people in Australia	https://www.antra.org.au/ https://www.facebook.com/antra.org.au https://www.weibo.com/u/6866260391?is_all=1

Other support

Signpost

A list of LGBTIQ+ inclusive services, organisations and businesses in Tasmania

<https://signpost.org.au/>

Aged Care Navigator Trial (LGBTIQ+ specific)

Information and support regarding Government supported aged care programs and how to access them. Contact Liv at WIO with any questions about what services are available or how to register with My Aged Care.

Liv@workingitout.org.au or ph 6231 1200

Gather My Crew

Get together a mutual support crew in your neighbourhood/friends group

<https://gathermycrew.org.au/get-involved/how-to-start-a-street-crew/>

General service providers

FindHelpTas

<https://www.findhelptas.org.au/>

COVID-19 Emergency support for vulnerable Tasmanians

<https://coronavirus.tas.gov.au/stimulus-and-support/household/emergency-support-for-vulnerable-tasmanians>

COVID-19 & Tasmania's anti-discrimination Laws

From Equal Opportunity Tasmania

https://equalopportunity.tas.gov.au/_data/assets/pdf_file/0006/564369/COVID-19-and-discrimination-law-brochure-FINAL.pdf