

Silver Rainbow Ageing and Aged Care Training

About this session

Silver Rainbow training introduces participants to the principles of LGBTI inclusive practice in Aged Care. The training addresses the Aged Care Quality Standards and their relationship to LGBTI cultural safety in aged care. This training uses interactive activities, case studies and research-based evidence to build participants skills in inclusive practice.

This training is for ALL aged care workers, including administrators, managers as well as clinical workers and care workers.

Learning Outcomes

At the end of the face to face session participants will be able to:

- Adhere to legal and workplace requirements around inclusive service delivery
- Show they understand ageing experiences and health matters for LGBTI population groups
- Use appropriate and inclusive language in their work
- Identify personal biases and misconceptions
- Identify and embed LGBTI inclusive practices in everyday work situations

Content*

- Exploring issues for LGBTIQ+ people as they age
- Unpacking gender, sex and sexuality identifies – definitions and terminology
- State and Federal anti-discrimination laws relating to gender, sex and sexuality
- Everyday experiences of stigma, discrimination and isolation in aged care and their impacts
- Key strategies for being inclusive

*NOTE: some content delivered via pre and post learning materials and activities

Session length

There are two components to the training:

1. A short online module – 20-30 minutes to complete
2. An interactive face to face workshop – 4 hours

About our trainers

Our trainers build safe, interactive and reflective spaces for participants. Working It Out staff are qualified educators with expertise in adult learning and working with LGBTIQ+ community members.

Cost

- The training itself is free, however there is a booking fee of \$10 per participant
- The booking fee is based on the numbers of participants enrolled

Practical aspects

- We can train at your work site or negotiate offsite training
- We ask that organisations provide their staff with light refreshments
- Minimum numbers of enrolments are 10 people

For more information or to make a booking:

Call Working It Out on 6231 1200 or email s.rainbow@workingitout.org.au