



Case Study #1

PATIENT DETAILS

6-year-old presenting with recurrent UTIs and incontinence.

DOB: 01/01/2016

ALLERGIES

- None to date

PATIENT HISTORY

- Hypospadias
- Recurrent UTI's
- Incontinence

CURRENT PRESENTING COMPLAINT

3 days of dysuria, seems to occur every week. Is not on antibiotics and is wondering about prophylaxis. Also wondering if he needs to see the Urologist again. He is getting bullied at school, has had a significant decline in mental health, no mental health support currently and no peer support previously organized.

PATIENT SURGICAL HISTORY

- 3⁺ surgical corrections for hypospadias 2018, 2019, 2021
- 1⁺ surgical repair of fistula 2020

EXAM

On Exam – inflamed glans with breakdown of genital skin, erythema and noticeable irritation.

MEDICATIONS

- Desmopressin (bedwetting)

Discuss treatment plan with others in your group, including what elements from the Darlington Table professional practices you could include to best support this person.



Case Study #2

PATIENT DETAILS

14-year-old female presenting with stress incontinence and difficulty with running and jumping sports.

DOB: 02/12/2008

PATIENT HISTORY

- PAIS
- Amenorrhea
- Bone fractures – shin fracture, forearm fracture, right foot toe fracture
- ADHD
- Anxiety
- Dilation therapy

PATIENT SURGICAL HISTORY

- Gonadectomy
- Vaginoplasty

MEDICATIONS

- HRT

ALLERGIES

- None to date

CURRENT PRESENTING COMPLAINT

This semester PE has focused on track and field events for the end of semester sports carnival. She has been attempting to participate but has noticed consistent incontinence during running and jumping activities and now is too embarrassed to participate. Other peers have started to bully her more which has had noticeable effects on her anxiety and she feels her current strategies are not enough to support the current need.

EXAM

None – pelvic floor issues are not examinable by GP's.

Discuss treatment plan with others in your group, including what elements from the Darlington Table professional practices you could include to best support this person.



Goals

CASE STUDY #1

- Refer to IPSA or IHRA or WIO
- Start prophylactic antibiotics
- Discuss hygiene
- Nappy powder/ barrier cream
- If signs of infection after course refer back to urology
- MDT
- GP management plan

CASE STUDY #2

- Mental health support
- Pelvic floor physio
- MDT